



Ladies, thank you for supporting our Virtual AGM. It is not an ideal situation but in true WI determination, we will not be stopped in our duties and interconnection and look forward to as many are able to join us 7.30pm, 12<sup>th</sup> November on-line, via telephone or in spirit.



To complete our last edition of contributions from non-WI members, we are delighted to share this fascinating insight to emergency care..

‘I work as a resource dispatcher for the ambulance service; my primary role is the allocation and prioritisation of resources; ambulances, single car responses, specialist skills sent to emergency and urgent 999 calls. After lockdown in March, there was a significant decrease in the volume of emergency calls and an eerie atmosphere when Covid-19 didn’t create the expected destruction. We speculated this may have been because of fear of hospitals and that people were not going out.

Since lockdown restrictions eased, activity has risen exponentially. There is a second peak of in 999 calls for patients with Covid-19 symptoms alongside a higher volume of general 999 calls. With winter pressures the environment within EOC (Emergency Operations Centre) are ramped up and everyone is on high alert.’



*Name of contributor withheld*

### The Air Ambulance Service

Like many of you, especially since lockdown, I have enjoyed a lot of reading. I usually get my books from the Air Ambulance Shop in Foundry Court, read them, and then donate back. Charity wise, a good return!

When I went into the shop after lockdown, the books there were rather higgledy piggedly, not the usual author alphabetical order. I jokingly said to the manager, do



*Message from Val to all her friends...  
Thank you for all the cards and best wishes...*



you need some help to sort these? I am now a 2 mornings a week volunteer and thoroughly enjoying meeting new people, contributing to a worthy cause in a safe environment.

They are desperate for volunteers to either work behind the scenes or on the shop floor and you can be there for as few or more hours as suits your free time.

[Theairambulanceservice.org.uk/volunteering](http://Theairambulanceservice.org.uk/volunteering)

*Irene*

### Zoom – Crafty morning

What a treat we enjoyed at our last zoom coffee morning which has now been relaunched as a first Thursday of the month craft session\* ..... We use those words with considerable artistic license!

Under the watchful instruction and guidance of Jan T, Kim, Irene, Marie, and Eliz were poised to make a paper piece coaster/tree decoration, the instructions of which were included in Edition 12. There was certainly some serious concentration, giggling, gluey fingers, hackling from Marie who diligently took notes down for her next effort and amazement from Irene that we completed it on time!



Not too deterred by her pupils’ efforts, Jan has kindly agreed for round two in November where we will be making Christmas paper piece boxes. If you too would like to join in, please let Kim know and the zoom link will be forwarded on.

*\*Please note for your diary that our Weekly Zoom Coffee mornings, for now, have been replaced by this once a month get together.*

### Braunston Food Share

Goodness you were generous with your donations, thank you. The consequences of Covid-19 have seen a rise in unemployment within the Parishes which has been very evident with the increased footfall using this scheme. Tesco are now contributors of fresh produce for Monday collections only.



## Members Snippets and Posers

Why not try these simple to prepare and delicious to eat sausage rolls. They freeze very well too and will keep until Christmas

### PORK AND APPLE SAUSAGE ROLLS

1 Leek, 1 Royal Gala Apple, 4 sprigs fresh thyme, 500g minced pork, ½ tsp mustard seeds, 500g puff pastry, 1 egg. 3 lightly greased baking sheets



#### METHOD

- Preheat oven to 200C/400F
- Wash, trim and dice the leek, core and dice the apple, then pick the thyme leaves
- Combine the pork, leek, apple, thyme leaves and mustard seeds in a bowl. Season and set aside
- Roll out the pastry to 1cm thick, roughly 34cm x 30cm. Halve lengthwise and place a strip of mince down the middle
- Brush edges with beaten egg, roll and seal. Brush with egg and cut into 3 or to the size you want
- Score tops and bake for 20mins.

### VEGETARIAN SAUSAGE ROLLS

500g puff pastry, 275g fresh breadcrumbs, 225g mature cheddar cheese grated, 1 large grated onion, 3tbsps thick double cream, 1 tsp fresh mixed chopped herbs (chives, parsley, thyme etc), 1 ½ tsp mustard powder, pinch cayenne pepper, salt and freshly milled black pepper. 3 lightly greased baking sheets.

#### METHOD

- Preheat oven to 220C/425F/ Gas mark 7
- Place all filling ingredients in a mixing bowl, season well and mix thoroughly
- Roll out the pastry on a floured board into an oblong and divide into 3 portions
- Divide the filling mixture into 3 and roll each into a 'sausage'. Place onto strip of pastry
- Brush edges of pastry with egg and fold over the sealed edge very carefully
- Place sealed edges underneath. Brush each with beaten egg and cut into preferred size.
- Snip a V in each roll
- Bake high in the oven for 20-25 mins.

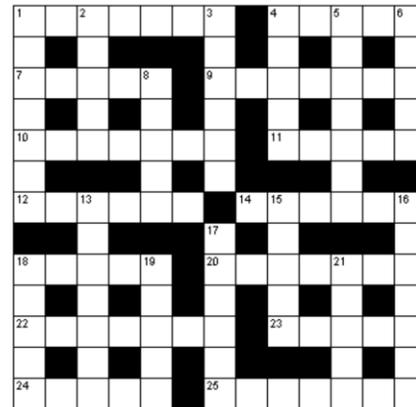


Irene

### 25<sup>th</sup> September Answer

I E IGNORE  
 G I GEMINI  
 N S NEMESIS  
 O B ORB  
 R L RECITAL  
 A I ALIBI  
 N S NEBULOUS  
 C S COMPASS  
 = IGNORANCE IS BLISS

*Note from Editor: A confused very late-night phone call asking for a hint means we will play nicely this edition!!*



#### Across

1. Floorshow (7)
4. Spooky (5)
7. Detection device (5)
9. Vertical (7)
10. Inactivity (7)
11. Measuring implement (5)
12. Dictator (6)
14. Ecclesiastic (6)
18. Copious (5)
20. Drawn (7)
22. Pouch worn with a kilt (7)
23. Diadem (5)
24. Admittance (5)
25. Spiny anteater (7)

#### Down

1. Transported (7)
2. Emblem (5)
3. Tropical bird (6)
4. Mistake (5)
5. Dependable follower (7)
6. Go in (5)
8. Magnitude relation (5)
13. Reinforcement (7)
15. Reasoned judgment (5)
16. Musical passage (7)
17. Opportunity (6)
18. Part of a church (5)
19. Ahead of time (5)
21. Obviate (5)

### What am I?

What do you throw out when you want to use it, but take in when you don't want to use it?

What grows down while it grows up?

When I was born I was big but the older I get the smaller I am. What am I?

Is there a word that contains all the vowels including 'Y'?

Unquestionably!

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